



Intimacy Safety Questionnaire

The following questions should be answered using the following 0-4 scale. Please refer to the scale before answering each question. Please write in the number that matches your answer in the space provided next to each question.

0	1	2	3	4
Never	Rarely	Sometimes	Almost Always	Always

1.	When I am with my partner I feel safe and comfortable.	_____
2.	I feel comfortable when my partner initiates sex with me.	_____
3.	I feel threatened when my partner tells me I have done something to upset him/her.	_____
4.	I like to tell my partner about my day.	_____
5.	When my partner and I meet at the end of the day, I feel tense and anxious.	_____
6.	I feel comfortable telling my partner when I'm feeling scared/anxious.	_____
7.	It makes me uncomfortable for my partner to disagree with me.	_____
8.	Sharing a difference of opinion with my partner is upsetting.	_____
9.	When I need to cry I go to my partner	_____
10.	I feel comfortable listening to my partner talk about his/her day.	_____
11.	I feel uncomfortable disagreeing with my partner when we are with other people.	_____
12.	I am comfortable being physically affectionate with my partner.	_____
13.	When I have thoughts or feelings that are vague or uncertain, I find it helpful to talk with my partner	_____
14.	Being physically affectionate with my partner makes me uncomfortable.	_____
15.	In public, I feel like I'm in danger of being "put down" by my partner.	_____
16.	Sex with my partner makes me uncomfortable.	_____
17.	I feel comfortable initiating sex with my partner.	_____
18.	I feel comfortable telling my partner things I would not tell anyone else.	_____
19.	When things aren't going well for me, it's comforting to talk to my partner.	_____
20.	When we are out with other people my partner hurts my feelings or makes me mad.	_____
21.	I feel comfortable telling my partner when I'm feeling sad.	_____
22.	I feel comfortable consoling my partner when he/she cries.	_____
23.	When I'm upset, there are other people that I would rather talk to than my partner.	_____
24.	I avoid having sex with my partner.	_____
25.	My friends seem to genuinely like my partner.	_____
26.	When I am with my partner I feel anxious, like I'm walking on eggshells.	_____
27.	It's hard to apologize to my partner when I've done something wrong.	_____
28.	I feel like I have to watch what I do or say around my partner.	_____